

# SIMPLE MACHINES

## Worksheet 2

A worksheet produced by the Native Access to Engineering Programme  
Concordia University, Montreal



## Teacher's Guide

Here are some suggestions for how you can work with this worksheet.

### 1. Definition

Ask the students if the definition is clear. Do they understand the terms? Can they name or identify machines based on the definition?

You might want to list a number of items and ask the students whether or not each is a machine and if it is, how it fits into the definition. For example,

- the human body is a machine. It is a structure consisting of a framework (bones, skin, muscles) and various fixed (heart, liver, kidneys) and moving parts (arms, legs, lungs) for doing some kind of work (pumping blood, walking, lifting objects etc...)
- a paddle is a machine. It is a device that transmits or changes the application of energy. It takes the physical energy put into it by the rower and transmits it into the water, which is how a canoe moves forward.
- a drumstick is also a machine that transmits and changes energy. It converts the physical energy of a swinging arm into acoustical energy of sound coming from a drum. There are many other possible examples.

**What is a machine?**

Webster's Dictionary defines a machine as  
 1. a structure consisting of a framework and various fixed and moving parts, for doing some kind of work  
 2. a device that transmits, or changes, the application of energy

There are many different types of machine.

Some are very large and complex:  
like the Canada Arm on the space station

Some are very small and complex,  
like cellular phones.

Some scientists think one day we will be able to make microscopic nanomachines which will be small enough to find around in our blood stream and repair damaged cells!

In the age of computers, cellular phones and satellite dishes, we have come to expect machines to be very complex objects, but in reality machines can be very simple. In fact, there are six basic "simple machines" which people have used since ancient times to make their work easier.

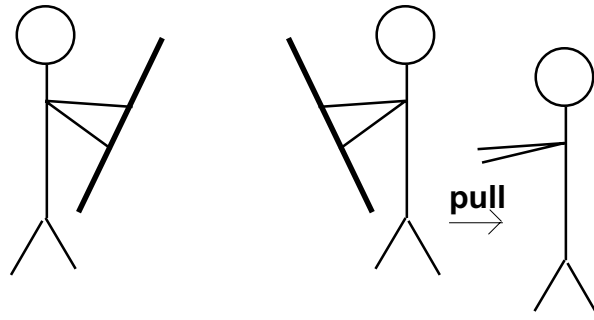
2. Nanomachines are usually found in science fiction stories. The term "nanomachines" is based on the decimal system. The prefix "nano" indicates something on the order of  $10^{-9}$  meters - very, very

small. In the decimal system the following prefixes indicate powers of ten.

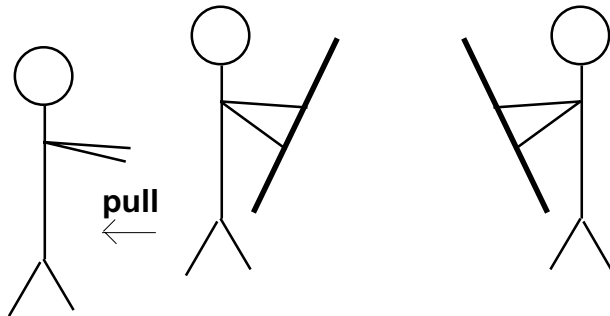
exa-	$10^{18}$	1 000 000 000 000 000 000	0.000 000 000 000 000 001	$10^{-18}$	atto-
peta-	$10^{15}$	1 000 000 000 000 000	0.000 000 000 000 001	$10^{-15}$	femto-
tera-	$10^{12}$	1 000 000 000 000	0.000 000 000 001	$10^{-12}$	pico-
giga-	$10^9$	1 000 000 000	0.000 000 001	$10^{-9}$	nano-
mega-	$10^6$	1 000 000	0.000 001	$10^{-6}$	micro-
kilo-	$10^3$	1 000	0.001	$10^{-3}$	milli-
hecto-	$10^2$	100	0.01	$10^{-2}$	centi-
deka-	$10^1$	10	0.1	$10^{-1}$	deci-
	$10^0$	1	1		



- Tie the rope firmly to one of the broom sticks, and wrap it around the other broom stick. Give the end to the third student and ask him or her to pull on the rope.



- Now wrap the rope around the first broom stick again (as shown) and get the third student to pull the rope again.



- Repeat the wrapping process one last time, and again have the student pull.

Each time the rope is wrapped around a broom handle it should become easier to pull the two students together. The broom handles are acting like pulleys. The more pulleys there are in a system, the easier it is to move a load. The pulling student is the one doing the work, he or she is the one trying to cause motion against a resisting force (the other two students).

7. Even though we often don't write down the units we are using in calculations, it is important to know what the units are and what they are measuring.

The names of units used in science are often taken from the names of scientists who were prominent in the field. **Sir Isaac Newton** was a 17th century British mathematician, scientist, inventor and statesman. He is the person who “discovered” gravity when an apple fell on his head as he was sitting under a tree reading. He also developed a number of basic scientific laws about motion and the way the universe can be studied mathematically. **James Joule** was also British. he lived in the 19th century and was a scientist and inventor. Joule was the first person to develop accurate, reliable thermometers. He also stated the Theory of Conservation of Energy.

8. People supply the energy for most simple machines.

9. Tools: fire drill (pulley), fleshers (wedge), drum sticks (lever) , carving tools (wedge), axes (wedge), arrows(wedge)

The development of tools was important for survival, especially during the winter when food could be scarce.

10. This photo comes from the Yukon archives and the flesher seen in it is specific to that area. There are different types of fleshers used by different Aboriginal groups. Bringing in different tools which have traditionally been used in the community might provide an interesting demonstration for the students, particularly if you can get an elder or skilled craftsman to come in and show them how to use the tools.

11. Stone is harder than bone and so lasts longer and breaks less easily.

12. Paddles are designed to help you travel through the water quickly without tiring you out too much. They are very wide at the bottom so that they can push a lot of water. The more of the wide part you can put in the water, the faster you will be able to travel.



The handle of the paddle is much narrower. There is no need to use a lot of material in the handle for two reasons:

- The handle doesn't enter the water to help push the boat forward, so making the it wider would just waste material (a thing which engineers try not to do);
- If the handle were wider the extra material would make the paddle quite a bit heavier and tire out the person paddling the boat much sooner.

13. On the West Coast of Canada Aboriginal people built large community buildings using the huge cedar trees which grow in the forests there. They started construction by erecting the building frame, beginning with the centre beam in the roof. The cedar logs used for this purpose could be very long and very heavy, lifting them 10m or more above the ground was not easy, so what the people did was use ramps made out of dirt and sand. They would build a ramp

that was as high as they wanted the building, and roll the large centre beam up to the top of it. Then they would insert the supporting log columns underneath the beam so that they no longer needed the earth to support it. Each time they put a beam in place, they removed enough earth to allow them to place beams which were lower on the roof.

14. There are many answers to this question. The idea here is to get students thinking about simple machines and how they might be helpful in a context they understand. For instance throwing a rope over or around a tree trunk to help lift something heavy is a variation on the pulley. Do they use carts with wheels and axles to carry kill out of the bush? Has anyone ever carried fish or birds attached to a stick over their shoulders? This is a lever.

### Work, force and distance

One of the laws of nature is that if you have to lift a 5kg rock 2m, it will always take the same amount of work no matter what. In other words the amount of work required to do any specific task is always the same. There is nothing you can do to make the work any less. But there is something you can do to lessen the amount of force or effort you have to exert in order to do that work. Can you figure out what it is?

Think about what always being the same for a specific task. Look at the table below by filling in the missing space in the table.

15

Work (constant)	=	Force (effort)	x	Distance
24 N.m	=	1N	x	24m
24 N.m	=	2N	x	
24 N.m	=		x	8m
	=	4N	x	6m

There is a relationship between the force exerted and the distance over which it is exerted. For the same amount of work as you increase the force the distance over which you exert the force is decreased. In other words more force, less distance. So, to lower your force you have to increase the distance over which you apply it - or less force, more distance.

Simple machines work based on the simple relationship as distance increases, force decreases.

### References

- Books**
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1. Bette Swetnam and the Old Ladies: Celebrating Tradition Among Canada's First Peoples  
<http://www.cany.com/MSQ/L/oldladies.htm>
  2. BIE: Buy the Science Key  
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  3. Energy and Machines  
<http://www.ccsd.gov.on.ca/bsc/midtest/physics.html>
  4. Mythe Scheffler  
<http://www.ccsd.net.ca/bsc/bsc01.html>
  5. Science: National Museum of Canada Site  
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  6. 3rd Core - Cariboo  
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15.

Work (constant)	=	Force (effort)	x	Distance
24 N.m	=	1N	x	24m
24 N.m	=	2N	x	12m
24 N.m	=	3N	x	8m
24N.m	=	4N	x	6m

**Math Problems**

1. You are a local contractor building a house for a client on the edge of a steep hill. The hill is 5m above the nearest a road. There is no other way on to the site except up the sheer face of the hill. You need to get all your workers, building materials and equipment up the hill. You decide the easiest way to do this is to build a ramp out of earth. (A trip to an off-road store.) You can take a maximum load of 5000N up the ramp each time.

1) What is the maximum amount of work you do with each load?

2) If your ramp is 10m long, how much force do you need to apply to get the maximum load up to the top of the hill?

3) How far away from the base of the hill should your ramp begin? (It looks like the length to the nearest centimetre.)

4) You need to know how much earth to order to make the ramp. The ramp is 2m wide. How much earth do you ask the supplier to deliver?

2. Your school has just received a new shipment of school supplies. You have agreed to help your teacher store them until they are needed. Unfortunately, the boxes are very heavy and you could seriously hurt your back trying to lift them onto the shelves. Luckily, your teacher has just taught you about simple machines, so you build a lever to help you with your task. Each box you are lifting weighs 100N, you want to lift them up 1m.

1) How much work will you do to lift each box.

2) If you use the lever at shown, you will have to exert 500N of force for each box you lift. You have about 50 boxes to lift and being a bit lazy you'd like to use less effort for each box. The plank you are using for the lever is 1m long. It can easily be moved back and forth along the fulcrum so that you can adjust the distance,  $x$ , at which you will apply your force.

What should the fulcrum be placed so that you can use only 20N of force to lift the box?  
 What about if you wanted to use only 25N of effort for each box?  
 Would it be possible to do this? Why or why not?

3) Is there a simple relationship between the placement of your fulcrum and distance to effort which would help you decide where to place the fulcrum without doing a heavy calculation?

# Solutions

## Problem 1a.

### I. What do you know?

- Height (distance) over which force needs to be applied is 5m
- The maximum load which can be lifted at a time is 5000N

### II. Determining the force.

Because we have a shear hill, the load has to be either pushed or pulled straight up, moving against the force of gravity. Newton's first law of motion says that for every action there is an equal and opposite reaction. This means that in order to get the load to move, the amount of force we need to apply to it will be equal to its weight. (In reality we would probably have to exert a little more force than the weight of the load in order to overcome inertia.) Since we are looking for the maximum amount of work

which will be done on any one trip up the hill, we will use the weight of the maximum load as the amount of force which needs to be exerted.

### III. Maximum work

$$\begin{aligned}
 \text{Maximum work} &= \text{Maximum force} \times \text{Distance} \\
 &= 5000\text{N} \times 5\text{m} \\
 &= 25,000\text{N.m or } 25,000\text{J}
 \end{aligned}$$

**Answer = 25,000 Joules**

## Problem 1b.

### I. What do you know?

- Ramp is 10m long, this is the distance over which the force will be exerted
- Work is constant, so we will still do 25,000N.m of work pushing the maximum load up the ramp

### II. Force required

Use the formula for determining the amount of work and plug in the values that you already know.

$$\begin{aligned}
 \text{Work} &= \text{Force} \times \text{Distance} \\
 25,000\text{N.m} &= \text{Force} \times 10\text{m} \\
 \underline{25,000\text{N.m}} &= \text{Force} \\
 10\text{m} \\
 2,500\text{N} &= \text{Force}
 \end{aligned}$$

**Answer = 2,500N**

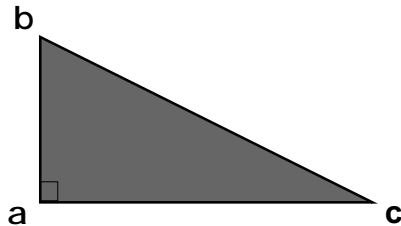
**Problem 1c.**

**I. What do you know?**

- The cliff is sheer, which means we can assume it makes a right angle to the ground.
- Height of cliff is 5m
- The ramp must reach the top of the cliff, so the height of the ramp is 5m.
- Length of ramp is 10m

**II. Distance from the base of the hill at which the ramp should begin**

Essentially we have a right angled triangle,  $\Delta abc$ , in which we know the lengths of two of the sides. The length of the third side can be determined using Pythagorean theorem.



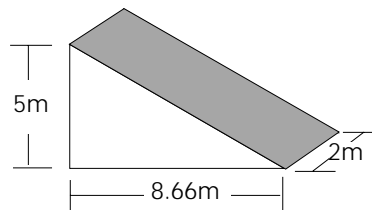
$$\begin{aligned} \overline{bc}^2 &= \overline{ac}^2 + \overline{ab}^2 \\ (10)^2 &= \overline{ac}^2 + (5)^2 \\ 100 &= \overline{ac}^2 + 25 \\ 100 - 25 &= \overline{ac}^2 \\ 75 &= \overline{ac}^2 \\ \overline{ac} &= 8.66\text{m} \end{aligned}$$

**Answer = 8.66m from the base of the hill**

**Problem 1d.**

**I. What do you know?**

- Height of cliff (and ramp) is 5m
- Base of ramp is 8.66m
- Width of ramp is 2m



**II. Amount of earth needed for ramp**

This is a problem in calculating the volume of a geometric solid. The ramp is triangular, which means its volume is half that of a rectangular solid of the same dimensions.

$$\begin{aligned} \text{Volume} &= \frac{\text{Base} \times \text{Height} \times \text{Width}}{2} \\ &= \frac{8.66\text{m} \times 5\text{m} \times 2\text{m}}{2} \\ &= \frac{86.60\text{m}^3}{2} \\ &= 43.3\text{m}^3 \end{aligned}$$

**Answer = 43.3m<sup>3</sup>**

**Problem 2a.**

**I. What do you know?**

- height to lift each box 1m
- each box is a load of 100N

**II. Determining the force to be exerted**

Again, as in problem 1a, the load has to be pushed straight up, moving against the force of gravity. Following Newton's first law of motion, this means that in order to get the load to move, the amount of force we need to apply to it will be equal to its weight, 100N.

**III. Work to lift a box.**

$$\begin{aligned} \text{Work} &= \text{Force} \times \text{Distance} \\ &= 100\text{N} \times 1\text{m} \\ &= 100\text{N}\cdot\text{m} \text{ or } 100 \text{ J} \end{aligned}$$

**Answer = 100 Joules**

**Problem 2b.**

Note: The problem is quite challenging.

**I. What do you know.**

- Work is constant and equal to 100J for each box lifted.
- The plank being used for the lever is 3m long.

**II. Determining the required distances through which the force must be exerted in order to get the specified forces.**

There are several ways to do this but, the easiest way is to create a table like the one found on page five of the worksheet. The first line is filled in with what is already known from 2a. We

Work (constant)	=	Force (effort)	x	Distance
100 N.m	=	100N	x	1m
100 N.m	=	50N	x	2m *
100 N.m	=	25N	x	4m *

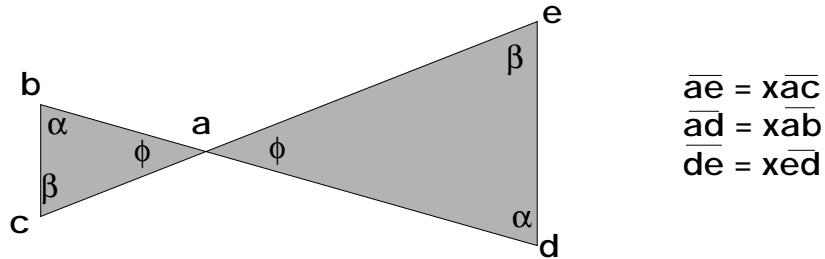
\* Students need to calculate values for these two boxes. All other values are known or given.

also know that work is constant, so each entry under Work is the same. Finally, we are given the values of 50N and 25N as forces, so the only thing left for the students to fill in is two boxes under distance.

In order to exert only 50N of force lifting each box, we would have to push the lever down 2m. And, in order to exert only 25m of force lifting each box, we would have to be able to push down the lever a total of 4m.

### III. Where to place the fulcrum in order to get the specified forces.

Geometrically, when a lever pivots on its fulcrum, the two sides of the plank describe similar triangles. Similar triangles are triangles in which corresponding interior angles are equal and corresponding sides are proportional in length. In the diagram below  $\Delta abc$  and  $\Delta ade$  are similar triangles.



So, when a fulcrum is placed exactly in the middle of a lever, the force required to lift a load is equal to the weight of the load, because for every centimeter you push down on one end of the beam the other end of the beam moves up by exactly one centimeter. However, if the fulcrum is not at the centre point in the lever, things change: for every centimeter you push down on one end, the loaded end may move more or less than one centimeter depending on whether the fulcrum has been placed closer to the load or farther away from the load.

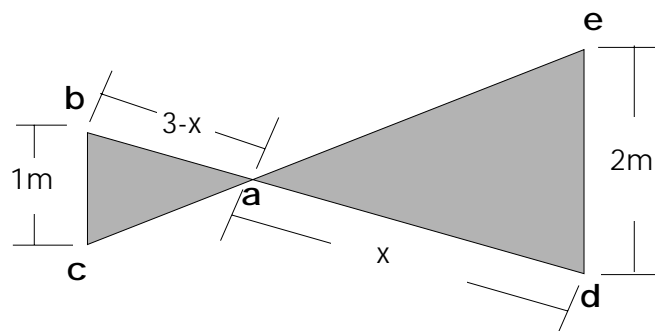
#### For 50N force

We know

- the load moves up 1m
- the other end of the lever is pushed down 2m
- the lever is 3m long
- x is the distance from where the force is applied to the fulcrum
- 3-x is the distance from the loaded end of the lever to the fulcrum
- Triangle  $\Delta abc$  and  $\Delta ade$  are similar triangles



By superimposing the above diagrams we get the below figure.



Triangle  $\Delta abc$  and  $\Delta ade$  are similar triangles. This means that all the corresponding interior angles in each triangle are the same, and that each element of one triangle is proportional to the corresponding elements in the other triangle. Because the triangles are similar, this means that the ratio of any two sides in one triangle is equal to the ratio of the corresponding sides in the other triangle.

In our problem this means that

$$\frac{bc}{ac} = \frac{de}{ad}$$

Filling in the known quantities we get

$$\frac{x}{2} = \frac{3-x}{1}$$

$$x = 2(3-x)$$

$$= 6 - 2x$$

$$x + 2x = 6$$

$$3x = 6$$

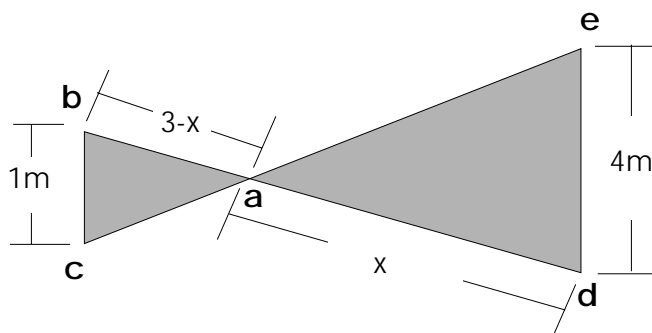
$$x = 2\text{m}$$

For the 50N force the distance from the fulcrum to the force is 2m.

For the 25N force the problem is solved in the same way.

We know

- the load moves up 1m
- the other end of the lever is pushed down 4m
- the lever is 3m long
- x is the distance from where the force is applied to the fulcrum
- 3-x is the distance from the loaded end of the lever to the fulcrum
- Triangle  $\Delta abc$  and  $\Delta ade$  are similar triangles



Again,

$$\frac{bc}{ac} = \frac{de}{ad}$$

Filling in the known quantities we get

$$\frac{x}{4} = \frac{3-x}{1}$$

$$x = 4(3-x)$$

$$= 12 - 4x$$

$$x + 4x = 12$$

$$5x = 12$$

$$x = 2.4\text{m}$$

For the 25N force the distance from the fulcrum to the force is 2.4 m.

**Answer = Place fulcrum 2m from force to exert 50N of force.  
Place fulcrum 2.4m from force to exert 25N of force.**

### Problem 2c.

While it maybe theoretically possible to lift each of the boxes by exerting only 50N, it probably wouldn't be practical. The problem is that in order to use less force you have to be able to push the lever down further, in the case of the 50N force, 2m. This means that the end of the lever where you will apply your force has to be at least 2m (or 2.4m) above the floor when you load the boxes onto the other end. Reaching up 2m or higher to pull on a lever is simply impractical for most people. A good engineer keeps the user in mind at all times during the design process, he or she would not suggest any design which was impractical.

It would be almost impossible in real life to exert only 25N force lifting each box. Even if you had a room which was 4m high, no one can reach up that high to grab the end of the lever. Also, the lever would be so steep the boxes would probably fall off.

# Notes